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For More Information contact
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**“Pathstone Living Receives
Ecumen’s 2008 Fertile Ground Award for the resident
Walking Program”**

In the last 2 years Pathstone Living residents have walked a total of 7,110 miles — That’s the equivalent of walking from Phoenix, Sarasota, Manhattan, Seattle to Denver. And now they are on their way to Brownsville, Texas!

Residents measure their daily miles by wearing a pedometer and then chart their progress on the map. Participating walkers earn fitness bucks each week that they can then use in the fitness store. The store has everything from lipstick and lotions to candy bars and chips . . . “We are all about wellness, but our walkers said they typically select carbohydrates after walking 7,000 miles” said Leah Keyes-Hugeback.

The walking initiative exercises Pathstone Living’s value of wellness and collaboration for our residents.

This recognition was awarded to Pathstone members at the Ecumen Leadership Conference, May 28, 2009.